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### **Evolutionary NLP: Level 1**

Accredited by the International Association of NLP Institutes (IN)

Institute: Instituto Arline Davis

Course Title: Evolutionary NLP, Level 1

Pre-requisites: No prior NLP courses or experience are required for Level 1. See special information about upgrades to non IN Practitioner courses that allow for post-sealing for full

requirements to become NLP Practitioner, IN. )\*

Course Hours: 65 h

### **Objective:**

This program provides participants with a comprehensive understanding of Evolutionary NLP techniques, integrating various advanced methodologies. The course aims to develop competencies in personal and professional growth, leveraging models like NeuroSemantics, Neuro-Social Panorama, Structural Constellations, and Spiral Dynamics.

Participants will receive international certification and join a global community of professionals dedicated to personal growth and change work.

## **Overview of our Evolutionary NLP Approach:**

- Using a Holistic approach for learning
- Learning from multiple levels and perspectives
- Demonstrations fully "decoded" for learners
- Principles above techniques
- More than a tool kit, because we are not broken
- We will reveal what we use to get apparently magical results
- More than a motivation, emotional experience, focused on lasting results
- Deep appreciation and real conversations
- No short-cuts, quality focused classes and practice
- Detailed scripts provided for practice
- Detailed handouts with complete bibliographical references and links for further research.

#### **Topics:**

- 1. Exponential Minds Model® to reveal the construction of experience
- 2. Presuppositions, World Model Expansion, and Consciousness Expansion
- 3. Dynamic Mindset A new frontier in mindset studies
- 4. EEI: Evolutionary Emotional Intelligence
- 5. Well-Formed Language and the process of reality creation

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- 6. Non-Violent Communication enhanced by NLP
- 7. Third Generation NLP and the Field as an agent of change beyond individual consciousness
- 8. Timelines: transderivational search, regression, progression, and sense of identity
- 9. Future Pacing and powerful methods for consolidating change
- 10. Ericksonian Principles for altered states of consciousness
- 11. Sensory Calibration L.O.V.E.®
- 12. Somatic Syntax
- 13. Foundations for the Ecology of the Body-Mind-Life system
- 14. Inner Child and overcoming deficiencies
- 15. Modeling Effective and Ineffective Strategies for Productivity
- 16. Generative States Depotentializing limiting states
- 17. Changing unproductive habits and recreating a life project
- 18. Identity Swish to change habits and compulsions
- 19. Generating New Behaviors

## **Teaching Methodology:**

- 100% online delivery in synchronous sessions with innovative instructional design
- Practical-theoretical approach with hands-on activities and interactive sessions
- Access to recorded classes for one year, post-completion

# **Certification:**

Participants who complete the course and meet the attendance requirements will receive an international certification from the International Association of NLP Institutes (IN). Additional benefits include joining the IN community and gaining access to ongoing professional development resources.

\*Certification with post-sealing. If you have a previous certification as an NLP Practitioner from a non-IN affiliated institute, you may request special consideration to have Evolutionary NLP considered as course requirements to reach full qualification for NLP Practitioner, IN. This will require an analysis of your curriculum from your original institute, additional written testing and proven proficiency during training sessions.

#### **Trainers:**

Arline Davis, President of the International Association of NLP Institutes, in Brazil and the USA, is a Master Trainer in Coaching, Neuro-Linguistic Programming (NLP), Mindfulness, and Positive Psychology. With over 30 years of experience, she serves as the President of the International Association of NLP Institutes (IN), the International Association of Coaching (ICI), and Mindfulness Evolving In-Me in the USA and Brazil.

Mauricio de Freitas, Vice-President of the International Association of NLP Institutes, in Brazil, is a Master Trainer and Coach with decades of experience and reknown for creating the Exponential Minds® method for training in personal development.

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Important Information for Certification:

# **IN Certification Requirements:**

- 1. The certificate title: "Evolutionary NLP, IN"
- 2. Course duration with accurate information regarding training days and hours
- 3. Written permission from the Online Commission for online training
- 4. Start and end dates of the training
- 5. Statement that all IN guidelines have been met
- 6. IN seal (sticker with IN logo and seal number)
- 7. Signature of the "NLP Master Trainer, IN"

# **Training Content:**

The complete training content, including the main modules and total training hours, should be listed on the back of the certificate or on a separate signed document.

### **Mandatory Details:**

- 1. A training hour consists of 60 minutes. Breaks longer than 30 minutes are not counted as training time.
- 2. A training group must have at least 6 members (excluding assistants or "NLP Master Trainer, IN").
- 3. An IN certification training must be conducted at least 80% by an approved "NLP Master Trainer, IN", with the remaining 20% by another qualified person under supervision.
- 4. The title "Evolutionary NLP, IN" can only be used on a certificate with an IN seal.
- 5. Online training requires the permission of the Online Commission.

### **Optional Details:**

- For groups larger than 10 participants, it is recommended to involve an assistant qualified at least at the level of "NLP Communication, IN" or "NLP Sales Communication, IN".
- Individual or group supervision, peer coaching, and intervision are recommended.

#### **Assessment:**

- A written test to assess comprehension and integration of the training content.
- A behavioral assessment to display the integration of the qualification's main content.

For further information, please contact the Arline Davis Institute at [www.nlp-institutes.net/arline-davis](http://www.nlp-institutes.net/arline-davis) or via email: [arlinedavis@institutoarlinedavis.com.br](mailto:arlinedavis@institutoarlinedavis.com.br).

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